

# Special Dietary Menu

#### Vegetarian

ITALIAN MINESTRONE SOUP \$12/pp O 0 0

Fresh garden vegetables, plum tomato vegetable broth

AVACADO FARRO SALAD \$14/pp 000

Arugula, sundried tomato farro and quinoa, cherry tomatoes, watermelon radish, ripe avocado, white balsamic dressing

GRILLED VEGETABLE MEDLY \$10/pp O 0

Marinated eggplant, zucchini, red onions, and baby bell peppers

STUFFED EGGPLANT \$18/pp ()

Roasted eggplant, panko breadcrumbs, parsley, pomodoro sauce, mozzarella, parmigiano cheese, evoo drizzle

Vegan

LENTIL & EGGPLANT LASAGNA \$23/pp 4000

Layers of roasted eggplant in a lentil pomodoro sauce

**ZUCCHINI PASTA** \$22/pp **()** 

Creamy zucchini pasta in a vegan pesto sauce

PENNE POMODORO \$18/pp 400

Penne pasta with a homemade pomodoro sauce, fresh basil

**Gluten Friendly** 

TREVISO FENNEL SALAD \$14/nn

Treviso radicchio with shaved fennel, port poached figs, goat cheese, and white balsamic dressing

**GREEN GODDESS SALAD \$21/pp** 

Beluga lentils, chickpeas, roasted yam, heirloom cherry tomatoes, carrot, charred rapini, cabbage, roasted beets, pine nuts, spring mix, green goddess dressing

**GLUTEN FREE LINGUINE** \$23/pp

Pumpkin, pancetta, crisp sage

ITALIAN BRAISED SHORT RIB \$36/pp 00

Italian herb marinated short ribs in a Tuscan wine broth

**Sides** 

GRILLED WILD MUSHROOM POLENTA \$8/pp 00

CREAMY SWEET POTATO PEA MASH \$9/pp 00

### **Dairy & Lactose Free**

CLASSIC CHICKEN NOODLE SOUP \$13/pp 00

Heirloom carrot, celery, white onion, noodles, rich chicken broth

ARGENTINIAN COCKTAIL SHRIMP \$36/pp 0

Ice chilled Argentinian shrimp served with an assortment of cocktail sauces, aioli

DAIRY FREE LASAGNA \$22/pp

Veal bolognese, dairy free cheese

GRILLED SIRLOIN (6oz) \$55/pp

Served with a grilled avocado and heirloom tomato bruschetta

## **Nut Friendly**

WILD MUSHROOM SOUP \$12/pp 0

Wild and tame mushroom puree, creamy goat cheese drizzle

ITALIAN ANTIPASTO \$18/pp

Prosciutto, sweet honey dew, mushroom artichoke antipasto, nduia honey crostini. capers skewer, grilled marinated vegetables

PENNE VODKA \$19/pp

Penne pasta served with crisp pancetta and vodka rosé sauce

## **Healthy**

ITALIAN WEDDING SOUP \$13/pp ()

Mini Italian meat balls, sautéed spinach, parmigiano cheese, chicken broth

OCTOPUS SALAD \$24/pp

Octopus, red wine vinegar, carrot, potato, celery, red onion, oregano, parsley and olive oil

AGAVE BOWL \$18/pp

Roasted sweet potato, beets, roasted onion, chia seeds, kale chips, goat cheese with white balsamic dressing

PACCHERI POMODORO \$16/pp 000

Fresh paccheri pasta, pomodoro sauce, micro grated grano padano

#### **Dessert**

INDIVIDUAL FRUIT CUPS \$12/pp

Assortment of seasonal, sliced fresh fruit











GLUTEN FRIENDLY **FREE** 

